



7 Day Itinerary, Antigua

Day 1: A warm welcome aboard in **Nelson's Dockyard, English Harbour** with champagne and canapés for your party. Depending on arrival time, lunch or dinner can be followed by a chat round the chart table with our captain and crew on your week ahead. Now is a great time to explore the local area and enjoy the lively nightlife.

Alternatively settle in to the yacht, and take cocktails on deck as the sun goes down.

Day 2 : A hearty breakfast of local tropical fruits and an array of cooked breads and muffins will greet you in the morning before a short sail along the coast to **Cade Reef**. Here you can snorkel amid the magnificent coral, or have a refreshing dip, before we head for lunch at anchor in **Fries Bay**.

Swim, relax or get stuck into the watersports until we sail to our evening paradise anchorage at **Five Islands Harbour**.

Day 3 : After breakfast, blow away the cobwebs with a morning's sail to **Nevis**, a 5 hour downwind trip with the spinnaker billowing. Anchor facing a lovely beach lined with coconut trees for a well-earned lunch.

An afternoon to spend sunbathing on the white sand, swimming or working on your wakeboarding. The evening presents an opportunity to enjoy a flavourful Caribbean dinner at a shore side restaurant or on board as you wish.

Day 4 : Breakfast and a 3-4 hour sail to Antigua's neighbouring island, **Barbuda**. This fabulous unspoiled coral island and the native Frigate birds are a real must-see. Anchor at **Codrington**, in front of a beautiful white sand beach. Lunch, swim, snorkel, stroll along the long deserted beach... and relax!

A lobster dinner under the stars will round off your day in style.

Day 5 : Start the day with a tour of the island along the coastal route. Visit some beautifully renovated old-time plantations. After lunch, it's off to **St. Kitts**, to anchor in the small and lovely **Chitten Bay**. The skipper can take snorkelling enthusiasts to White House Bay or arrange diving on a 16th century wreck.

For others, a local sugar cane train can take you on a tour around various plantations nestled into the lush green landscape.

Spark up the barbeque for dinner al fresco.

Day 6 : A morning sail to **Green Island**; a huge bay protected by a coral reef and surrounded by mangroves. Lunch on board in this breathtaking anchorage or a highly recommended meal ashore on the restaurant terrace of Harmony Hall. This beautifully converted old sugar mill provides exquisite Italian cuisine and an unforgettable view. If you've any afternoon left after your leisurely lunch, Green Island is also a great area for kitesurfing, playing on the inflatable raft or watersports.

Supper aboard.

Day7: After a delicious breakfast in the morning sun, we'll carry the breeze to **Jolly Harbour**; situated on the sheltered side of **Antigua** and famed for its aquamarine water interspersed with quiet sandy beaches.

Anchor here for a really relaxing last day on board, soaking up the view and the laid back vibe amongst the little wooden houses. Some lovely bars line the shore, or make the most of your last evening on board.

Day 8: A slow and easy sail back to the Georgian splendour of **English Harbour** and preparation for departure.